



WAVERLEY  
HILLS

RESTORE AND PROTECT

# organic

GRAPE SEED  
EXTRACT



**Waverley Hills Organic Grape Seed Extract may be beneficial for\*:**

- Boosting the immune system
- Conditions associated with poor vascular function
- Faster healing and recovery of muscle tissue
- Fighting inflammation
- Improving blood circulation
- Increasing energy
- Moderating allergic responses by reducing histamine production
- Preventing blood platelet aggregation
- Reducing the risk of high cholesterol and atherosclerosis
- Reducing the risk of heart disease
- Relieving arthritis and inflammation of the joints
- Relieving skin problems like eczema
- Strengthening blood vessels

**\*Disclaimer:** Waverley Hills Organic Grape Seed Extract does not claim to cure diseases. It is a natural supplement & antioxidant.



## **Restore and Protect your body Naturally and Organically!**

Waverley Hills Organic Grape seed Extract contains 100% organic grape seed extract which is an extremely powerful natural antioxidant.

The active ingredients are proanthocyanidins which are the same ingredients in red wine that have been implicated in the so called "French Paradox", a term that refers to the low incidence of cardiovascular disease in France despite a high dietary fat intake.

### **Free radicals**

Free radicals are highly reactive and unstable molecules that are normally present in the body in small amounts.

Some free radicals are good; they are involved in the production of vital hormones, destroy viruses and bacteria and aid in the activation of enzymes.

However, we are constantly exposed to bad free radical sources in the environment also: chemicals in the water that we drink, exposure to radiation (either from the sun or from medical x-rays), toxins, medicines, pollutants such as exhaust fumes and tobacco smoke and foods with a high fat and/or oil content.

If there is excessive free radical formation, damage to cells and tissue may occur. An excess of free radicals stimulates the formation of more free radicals, leading to a vicious cycle of irreversible damage which is linked to most chronic diseases including arthritis, asthma, cancer, heart disease and diseases affecting the brain such as Parkinson's.

### **Free Radical Scavengers**

Antioxidants, such as proanthocyanidins, are molecules which can safely interact with free radicals and terminate the cycle of free radical damage before vital molecules are damaged. Antioxidants are either produced in the body, or ingested through food and supplements. The problem with our normal modern diet is that because of modern cultivation methods it is more difficult to obtain enough antioxidants from food to protect us from constant attacks by free radicals.

### **About Organic**

Only seeds from organically certified grapes that were grown in natural healthy conditions were used for the production of Waverley Hills Organic Grape Seed Extract. These grape seeds were free of pesticides, herbicides or other chemical residues. The production process is a natural extraction process, no chemicals are used and it is also certified organic by the SGS.

### **About Vegetarian**

Waverley Hills Organic Grape Seed Extract is encapsulated in capsules made from cellulose (vegecaps) and this means it is 100% plant derived and free of all animal derivatives.